

## **BIDDY BASKETBALL (AGES 5-7) RULES AND REGULATIONS**

### **PROGRAM GOALS**

1. To provide a program that helps children have fun while learning the basic fundamentals of basketball.
2. To have parents working with their child in the learning process so that both the parent and child have a positive first-time experience and continue participating in the next level of basketball.
3. To learn the value of teamwork and good sportsmanship.

### **GENERAL RULES OF PLAY**

1. Games will be played on 6' goals.
2. No score will be kept. Scoreboard will keep the time only.
3. Each player will shoot two (2) free throws before the game begins. Teams will shoot free throws one team at a time.
4. Home team will begin the game for the first half and visitors will begin the second half.
5. No possession light except for quarters.
6. No more than 4-5 steps without dribbling can be taken.
7. No jump ball – offensive player always gets possession on tie-up situations.
8. Games will consist of four (4), eight-minute quarters. Continuous clock – stops for timeouts and injuries only. No three-point shots. No overtime periods.
9. One timeout for each team for each half.
10. Defense must stay inside designated circles. Cannot steal the ball outside of this area. No pressing and no fast-break.
11. One parent should be with the players on the bench.
12. Each player must play a minimum of two (2) quarters per game. Parents are to inform staff members if this rule is violated.
13. Any action considered a foul will be addressed to the players and a throw-in will be awarded.
- 14. THE YORK PARKS AND RECREATION DEPARTMENT WILL NOT TOLERATE MISCONDUCT FROM ANY PLAYER, COACH, PARENT, OR SPECTATOR. IF SUCH AN EVENT OCCURS, YOU WILL BE BANNED FROM THE FACILITY AND PROGRAM FOR AN UNDETERMINED AMOUNT OF TIME.**